

# Policy for Safe Practice in the Time of COVID-19

Last Updated 12/6/20

**These are the guidelines we are currently implementing at the studio. This is a working document subject to change in line with government health & safety policies related to COVID.**

**We would like you to feel comfortable and safe at the studio. If there is anything we can do to meet your individual needs, please speak to your teacher or email [tisha@kingscrossstudios.co.uk](mailto:tisha@kingscrossstudios.co.uk)**

- Please **DO NOT** come to the studio if you, or anyone with whom you are living, is **exhibiting any signs of poor health**. If you are exhibiting COVID-specific symptoms you must not attend class for 2 weeks. Notice of COVID symptoms will waive you of our 24hr cancellation policy. We ask that clients do not take advantage of this waiver and remember that a COVID cancellation requires a 2-week break from the studio.
- **Face masks:** Please arrive wearing a face on entry to the building
- **Hand washing** is required on arrival
- **Hand sanitiser** is available at the entrance, reception and in each studio
- All clients are required to sign a **COVID liability waiver** via **DocuSign** in advance of their first visit in order to attend class.
- We are only running private sessions, apart from prior established duets on an agreed basis and socially distanced
- We are operating staggered start times to reduce simultaneous changeover. In order to ensure social distancing between clients, please do not spend unnecessary time in reception.
- **Equipment** is cleaned after each client, including straps sprayed or wiped with a disinfectant. Fabric covers are also sprayed or wiped after each use. Covers are changed regularly for laundering. **Straps** are available to order for purchase if you wish to use your own.
- **Hands-on:** Currently, there will be no hands-on given during teaching unless a teachers and client have reached a mutual agreement. If both agree, hands-on may only be carried out in such a way as to avoid face to face contact.
- **Optional Towels:** Clients may bring their own freshly laundered large towels for use on the equipment
- **Optional Gloves:** Clients may bring their own latex or other type of freshly laundered gloves